



## Cert. Balanced Canine Training

**Starts:** This course launches 15<sup>th</sup> April 2020 and will be continually available

**Rate:** An introductory rate during the Coronavirus of \$899.00 AUD

**Payment:** Lump sum via PayPal

**Modules:** 12-14

1. Introduction
2. Co-operative care
3. Structure
4. Medical
5. Evaluation
6. Massage
7. Conditioning
8. Nutrition
9. Non-Nutritional Therapies (mini module)
10. Bach Flower Remedies
11. Essential Oils
12. CBD Oil
13. Behavioural Modification
14. Enrichment

**References:** Yes, 17-page reference file available.

Platform: Google Classroom

Tests: Yes, multiple choice quiz at the end of each module.

Assignment: Yes, a major assignment at the end of the course which will take students several months to complete.

Duration: Up to 12 months. Students may finish earlier.

Type: Professional development course

The academy assumes you already have the necessary qualifications/training to understand and deliver the information from the course work.

This course should be looked upon as adding new tools to an existing tool kit.

Result: Certification with Academy of Canine Health Sciences

Please see the following page for a detailed breakdown of course content.

## **Co-operative Care**

- What is it?
- Why is it important?
- When should we ask for it?
- How do we ask for it?

## **Physical Structure & Purpose**

- Anatomy
- Potential challenges with different structural challenges
- How structure can affect function
- How to assess basic structure & relative weakness
- Common injuries in companion dogs & how to prevent
- Proprioception - relation to injuries

## **Medical**

- Physical assessment
- How pain can contribute to behaviour
- Health conditions that can affect behaviour
- Basic anatomy
- How to do a physical assessment of pain
- Body score
- How to do an assessment of weakness and strength through change of positions
- Grooming relevance to discomfort/pain
- Stance & Gait assessment
- When to refer to another professional/which one

## **Evaluation**

- Fitness assessment
- How to complete a Fitness assessment
- Physical Exertion Assessment

## **Massage**

- Why massage is beneficial
- How to perform a basic massage

## **Conditioning**

- What is conditioning?
- How conditioning can positively affect behaviour
- Case study/s
- Correct Form
- Rewards & delivery
- Fatigue
- Introduction to equipment
- Release cue
- Resetting
- Reps & Sets
- Verbal Markers
- Consistency
- Foundations of conditioning - Levels 1-3
- Obstacle Courses
- Fitness Schedules

## **Nutrition**

This module is scientifically driven with a focus on how gut health relates to behaviour

- Gut Health
- Gut-Brain Axis - how nutrition influences behaviour
- How inflammation influences behaviour & general health
- Processed diets
- How environmental factors influence behaviour & general health
- Superfoods for the brain
- Nutrients that can affect behaviour
- Natural diets and formulation (B.A.R.F ratios + nutrient database)

## **Plant-Based Therapy**

- Bach Flower Essences
- Essential Oils
- Cannabis Oil

## **Enrichment**

- Why enrich?
- What is enrichment
- Safe & unsafe enrichment
- Commercial enrichment toys
- Examples of enrichment at home
- Enrichment to help over-aroused dogs
- The value of the daily walk
- Human-Dog Play

## **Behaviour Modification**

- Accepting handling
- Drive Management
- Creating Controlled Calm
- Socialising puppies
- Place Training
- Impulse control games